

**MARLBOROUGH AREA BOARD MEETING 28<sup>th</sup> January 2020**

**MARLBOROUGH HEALTH AND WELLBEING GROUP**

**PROGRESS REPORT AND UPDATE**

Further to the report which was presented to the Area Board in November 2019 the Group has continued to progress the identified priorities;

- 1) planning for the 'marketplace' / 'health fair' to be held in Priory Gardens on 6<sup>th</sup> June 2020 which aims to promote health and wellbeing for adults. Invitations will be issued shortly to local and county based organisations and it is planned to include demonstrations and music to attract visitors.
- 2) developing a range of activities particularly to support older and vulnerable adults attending the Jubilee Centre including:
  - art therapy
  - Alzheimers support sessions
  - Exercise classes including a focus on falls prevention
- 3) Other initiatives will be considered for inclusion in line with local circumstances and requirements.

**Jill Turner,**

**Chair, Marlborough Health and Wellbeing Group**

**January 2020**